

KAREN GREEN
CHARTERED CLINICAL PSYCHOLOGIST
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Karen Green is a Clinical Psychologist with 17 years experience in the National Health Service who has, more recently, focussed on enhancing her experience and skills in adult, family and parenting assessments as an independent practitioner and expert witness. Her specialist areas of expertise are assessment and intervention/therapy for child/adolescent mental health, autistic spectrum disorders, developmental delay, parenting – alongside considerable skills and experience in service development and multi-agency working.

EXPERIENCE:

Karen has extensive experience in child and adolescent mental health and has specialised further in the assessment and use of specialist interventions with children who have learning disabilities and/or autistic spectrum disorders e.g. Picture Exchange Communication System, Social Stories and Structured Teaching. She also has extensive experience of collaborative working with parents in assessing and developing parenting skills and family relationships. She uses an integrative approach to assessment, formulation and intervention, drawing on key psychological models and a variety of psychotherapeutic approaches including Behavioural Interventions, Cognitive Behaviour Therapy and Family/Systemic Therapy.

Her interest and experience in service development and multi-agency working has developed over a number of years and she has, for example, chaired the Multi-Agency Subgroup of the Somerset Autism Strategy Steering Group, having had a key role in the development and implementation of Somerset protocols for the multi-agency assessment and diagnosis of Autistic Spectrum Disorders.

Other local documents have included a variety of new service proposals e.g. Clinical Psychology posts for: Surestart; paediatrics, a pilot consultation service for Looked After and Adopted Children and a joint paper entitled ‘Some Thoughts on Autistic Spectrum Disorders and Inclusion’ (2002).

SKILLS:

MANAGEMENT

Leading the planning and development of child services - identifying opportunities for service development, client need and formulating service/post parameters. Writing job descriptions and implementing recruitment processes. Professional management of clinical psychologists and psychological therapists working in a range of settings including Specialist Child and Adolescent Mental Health Services, Paediatrics and the Youth Offending Service. Clarifying roles and negotiating individual service level agreements for staff and with Managers. Interpreting and implementing National guidance regarding evidenced-based interventions,

service delivery and targets, new staff employment conditions and new systems for staff development and appraisal. Communicating and liaising with all agencies/services, including external and voluntary sector.

PROFESSIONAL

Psychological and psychometric assessment, formulation and evidenced-based interventions for a range of adult, child and family psychological issues, including expertise in Cognitive Behavioural Therapy, Behavioural Therapies, Family/Systemic Therapy and Psychodynamic approaches. Specialist expertise in developing and delivering individually tailored assessments and interventions for Autistic Spectrum Disorders and Learning Disabilities e.g. multidisciplinary diagnosis, Applied Behavioural Analysis (ABA), Structured Teaching, Picture Exchange Communication System (PECS) and Social Stories. Providing clinical supervision and consultation to a range of professionals in health, social services and education. Developing and running a variety of training courses/workshops. Implementing service monitoring, evaluation and audit.

CAREER:

SOMERSET PARTNERSHIP NHS AND SOCIAL CARE TRUST

Deputy Head of Specialist Child and Adolescent Mental Health Psychology and Consultant Clinical Psychologist in Learning Disability and Autistic Spectrum Disorders

AYLESBURY VALE COMMUNITY HEALTHCARE TRUST

Principal Clinical Psychologist in Child and Adolescent Health

CHORLEY AND SOUTH RIBBLE HEALTH AUTHORITY

Research Officer in Child and Family Psychology

AMERICAN MEDICAL INTERNATIONAL

Psychology Technician

PROFESSIONAL AND EDUCATIONAL:

Dip. Clin. Psych.; M.A. Child Psychology; BSc Honours Psychology
Intermediate Level Family Therapy Training
Diagnostic Interview for Social and Communication Disorders (DISCO)

Member: British Psychological Society, Division of Clinical Psychology and Child Faculty;
National Autistic Society

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